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# **Overview Of Nurse's Knowledge About Nosocomial Infection: Literature Review**

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#### **ABSTRACT**

Background: Nosocomial infections or also known as hospital-acquired infections occur in patients who are hospitalized for at least 72 hours and these patients do not show symptoms of infection when admitted to the hospital. Nurses can take actions that result in nosocomial infections if they have poor knowledge about nosocomial infections. Objective: This study aims to describe the knowledge of nurses about nosocomial infections. Methods: The method is a literature review by searching sourced from an electronic database including Google Scholar and DOAJ from 2014-2019 using 15 journals related to the description of nurses' knowledge about nosocomial infections. Results: The results of the literature review showed that there were 8 articles on good knowledge of nurses, 6 with sufficient knowledge, and 1 article with less knowledge. Conclusion: Knowledge of a good nurse can be influenced by several factors including Age, length of work, level of education and training followed. Because good knowledge of nurses can prevent nosocomial infections.

**Keywords:** Knowledge, Nosocomial Infection, Nurse

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#### Introduction

The hospital is a health service system in which there is a surveillance system as an effort to control and prevent infection. Hospitals have a strategic role to improve the health of the Indonesian people. Health improvement starts from patient safety such as washing hands before touching patients, sterilizing tools, using sterile gloves when performing sterile actions, monitoring infections, and conducting medical audits (Siulina, 2018).

Quality nursing services are a determining factor for patient satisfaction levels. The better nursing services provided will increase patient satisfaction. Nursing services as the front line play a very high role in the satisfaction received by patients (Widiasari, Handiyani, & Novieastari, 2019). Patients are people who need the help of health workers because of their illness, while health workers are people who are asked for help because of their professional abilities who are considered capable of treating diseases (Pramono, 2018). As for the arguments of the Qur'an that explain the help of fellow human beings. In the Qur'an surah At-taubah verse 71 which means: "And those who believers, men and women, some of them (are) helping others. They command (do) what is right, prevent what is evil, establish prayer, pay zakat and they obey Allah and His Messenger. They will be given mercy by Allah; Verily Allah is Mighty and Wise."

The above verse describes the believers, male and female, who believe in Allah and His Messenger, some of them are helpers for others. They ordered people to believe and do righteous deeds and forbade them from unbelief and immorality, praying, giving zakat, obeying Allah and His Messenger and they avoided saying what they were forbidden to do. They will be blessed by Allah, then He will save them from His torment and enter them into His Paradise, verily Allah is Mighty in His kingdom, Wise in establishing the teachings of the Shari'a and His laws.

The patient is said to have a nosocomial infection if at the time of admission to the hospital there is no infection then after being treated for 48-72 hours the patient becomes infected. Infectious diseases are still the main cause of high morbidity and mortality in the world. One type of infection is nosocomial infection. This infection causes 1.4 million deaths every day worldwide. Nosocomial infection itself can be interpreted as an infection that a person acquires while in hospital. Currently, the incidence of nosocomial infections has become one of the benchmarks for the quality of hospital services (Tumiwa, 2019).

Nosocomial infection is a health problem that increasingly requires attention in the health sector throughout the world, both in developing and developed countries. Nosocomial infectious diseases acquired in hospitals can be caused by bacteria, viruses, fungi, or parasites originating from within the patient's own body or from exogenous sources, namely from the environment (air, water), from medical devices (syringes, injecting drug solvents), breathing apparatus, venous catheters, transfusion equipment and other hospital equipment (tables, chairs, beds) that are contaminated (Ns. Zulkarnaini, S.Kep, 2018).

The percentage of nosocomial infections in hospitals in the world reaches 9% or more than 1.4 million inpatients in hospitals worldwide get nosocomial infections. A study conducted by the World Health Organization showed that about 8.7% of 55 hospitals from 14 countries originating from Europe, the Middle East, Southeast Asia and the Pacific showed nosocomial infections and for Southeast Asia as much as 10%. Nosocomial infections are the fourth killer in the United States and are

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20,000 deaths each year due to this nosocomial infection. The incidence of nosocomial infections in Malaysia is 12.7% (Tumiwa, 2019).

Nosocomial infection data in Indonesia itself can be seen from surveillance data conducted by the Indonesian Ministry of Health in 2001 in 10 hospitals, the number of nosocomial infections is quite high, namely 6-10% with an average of 6.8% (Tumiwa, 2019).

Several factors that influence the occurrence of nosocomial infections include the lack of nurses paying attention to sterile techniques when carrying out the procedure, the level of invasion ability and the level of the ability of microbes to damage tissues, factors that exist in the patient such as age, gender, general condition of the patient, risk of therapy or the presence of other diseases. and nursing factors such as the length of the nursing process, service standards that are less than optimal and the density of patients in the room. If a nosocomial infection occurs, it can have an impact on longer hospital stays, increased costs, disturbing other patients who need treatment, being a direct or indirect cause of death in patients (Handojo, 2015).

Nurses' knowledge about nosocomial infections and their prevention is a social stimulation from the outside that can cause nurses' emotional responses to universal precaution efforts so that they will increase efforts to prevent nosocomial infections. The role of nurses in preventing nosocomial infections is very important, because an average of 7-8 hours a day nurses make contact with patients so that they can become the main source of exposure to nosocomial infections (Tumiwa, 2019).

Knowledge of infection prevention is very important for hospital staff and other health facilities are public facilities that are very dangerous, in the sense that they are prone to infection. The ability to prevent infection transmission in hospitals and infection prevention efforts is the first level in providing quality services (Damanik, 2018).

One strategy that has proven to be useful in preventing nosocomial infections in hospitals is to increase knowledge, attitudes and work experience as health workers in applying universal precautions, namely all efforts to prevent infection or disease transmission in health care units. Its main activities include washing hands to prevent cross infection, wearing gloves and personal protective equipment (such as masks, protective eyewear, etc.) to prevent contact with blood and other infectious fluids, as well as managing needles and other sharp tools to prevent transmission., and management

# **Objective**

The purpose of this study was to see a description of nurses' knowledge about nosocomial infections through the literature review method in several journals

#### Method

The method used in writing this literature review is by searching sourced from electronic data bases including Google Scholar 32 articles and Garuda Portal 23 articles. Through a search with the keywords knowledge, nurses and nosocomial infections, 55 articles were found. Researchers only collected articles published in the period 2014-2019 so that only 45 articles were obtained. The articles that were successfully selected were based on articles in Indonesian as many as 30 articles. Then the articles that were successfully selected were included in journal inclusions with full text pdf were 20 articles. Included articles answered research questions/answered literature review of 15 articles.

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The data obtained were analyzed, compiled systematically, compared with each other and discussed related literature.

## Results

The results of the literatul review and it was found that there were 8 articles of good knowledge of nurses, 6 with sufficient knowledge and 1 article with less knowledge. The related journals are as follows:

NO	Title and	Concept And	Stydu Design	Sample	Session/	Result
	Author	Aim of the	and	Caracteristic	Implementati	
		Study	Instrument		on	
1	Relationship between knowledge and prevention and control of nosocomial infections in hospitals Heriyati, H., & Astuti, A. (2020)	To find out the correlation between knowledge of nurses and midwives on prevention of nosocomial infections at the Majene Regency General Hospital	This type of research is a quantitative research with a cross sectional approach. The data was processed univariately and bivariately using the Chi Square Test	The population of this study were all nurses and midwives in the internal operating room and ob-gyn in Majene Hospital. The samples of this study were 28 nurses in the internal room, 19 surgeons and 19 midwives in Obgyn	In Majene Regency General Hospital, Internal Room, Surgery Room and Obgyn in Majene Hospital. Data Collected with observation sheets and questionnaire s	There is a correlation between Respondents' Knowledge of Prevention and Control of Nasocomial Infections with a Significance Level of P = 0.000. It means that there is a relationship between the level of knowledge on the prevention and control of nosocomial infections in the Majene Regency General Hospital
2	Knowledge Relationship And Nurses' Attitudes About Preventing Nosocomial Infections With Nurse Compliance In Washing Hands In Irina C1 And C2 Hospital Prof Dr R. D Kandou Manado City  (Angelia Pondaa, Semuel S. Kumajas, 2019)	To find out the relationship between knowledge and attitudes of nurses about prevention of nosocomial infections with nurses' compliance in washing hands at Irina C1 and C2 RSUP Prof Dr R. D Kandou Manado City	The type of research used in this study is descriptive analytical method with a cross-sectional study approach. Data Analyzed Using Chi-Square . Statistical Test	The population in this study were all nurses at Irina C1 Da C2 RSUP Prof Dr R. D Kandou Manado City, as many as 37 people.	The Research Was Conducted In Irina C1 And C2 Hospital Prof Dr R. D Kandou Manado City Data Collected Through Questionnaire s	Based on Statistical Test Results Using Chi-Square Obtained For The Relationship Of Knowledge With Hand Washing Compliance - Value=0.002 While the Relationship between Attitude and Handwashing Compliance -Value = 0.005 Less Than Alpha = 0.05. It means that Ho is rejected, so there is a relationship between knowledge and attitudes of nurses about prevention of nosocomial infections with hand

						washing compliance at Irina C1 and C2
						RSUP Prof Dr R. D Kandou Manado City
3	The Relationship of Nurses' Knowledge About Nosocomial Infections To Preventing Behaviors Of Nosocomial Infections In The Surgical Room Of RS Salak, Bogor City (Aliyupiudin, 2019)	To determine the relationship between nurses' knowledge about Nosocomial Infections on Behavior of Prevention of Nosocomial Infections in the Surgical Room of Salak Hospital, Bogor City.	This type of research uses descriptive quantitative analysis with cross sectional research design	The sampling method used was total sampling, with the population being all nurses in the operating room and 30 respondents obtained data	The study was conducted in the operating room of the salak hospital, Bogor. Data collection was obtained through the distribution of questionnaire s.	The results of the study show that from a total of 30 respondents, 17 respondents (56.7%) Declaring Nurses Have Good Knowledge, 18 Respondents (60.0%) Declare Nurses Behave Positively. Results of Nosocomial Infection Prevention Behavior There are 16 respondents (53.3%) Nurses Have Knowledge with Positive Behavior. Statistical Test Results Obtained P Value = 0.000 Which means P Value < 0.05
4	Overview of the Implementation of Preventing Nurse Nosocomial Infections in the HCU Room and Inpatient Hospital X in Bali (Trisnawati, 2018)	This study aims to describe the implementation of prevention of nasocomial infections in nurses in the HCU room and inpatient care at Hospital X in Bali.	This Research Uses Analytical Descriptive Design With a Cross Sectional Approach	Respondents in this study consisted of 30 nurses in the HCU and inpatient rooms taken based on the simple random sampling technique	The Research Was Conducted In The HCU Room And Inpatient Hospital X In Bali. Data collection is done by filling out a questionnaire of knowledge, attitudes and observations of nursing actions	The results showed that nurses in the HCU room had good knowledge (53%) positive attitude (93%) and moderate actions (46.7%) while in the inpatient room it was found that nurses had good knowledge (53.3%), Positive Attitudes (86.7%) and Moderate Actions (33.3%) Regarding the Implementation of Nosocomial Infection Prevention. Based on the results of the study, the researcher suggests that nurses who work in the HCU and inpatient rooms can carry out preventive measures for nosocomial infections in accordance with

	Т		<u> </u>		Τ	
						standard hospital
						operating procedures
						to prevent cross- infection.
5	The	This study aims	Types of	The population	The location	The results of
	relationship	to determine	Correlation	in this study	of this	research conducted
	between	the relationship	Descriptive	were all 205	research was	using the Spearman
	nurses'	between	research. Data	nurses in the	carried out in	Rank Test to see the
	knowledge	nurses'	Analyzed	Imelda Hospital	the Inpatient	relationship between
1 1	about nosocomial	knowledge about	Using Univariate	Inpatient Room.	Room of Imelda	nurses' knowledge about nosocomial
	infections and	nosocomial	And Bivariate	The sample is hemodialysis	Hospital	infections and their
	their	infections and	Analysis	patients, the	Medan. Data	prevention measures
	prevention	their	,	sampling of the	were collected	in postoperative
1 1 -	measures	prevention		study was	using a	patients, the results
	Post-surgery	measures in		carried out	questionnaire.	obtained with a
	Patients In	postoperative		using a		probability value (P)
	Inpatient	patients in the		nonprobability		= 0.011 (P < 0.05)
	Imelda Hospital	Imelda Hospital		sampling		Which means that
'	Medan	Medan 2018 Inpatient		technique, namely		there is a relationship with the strength of
	(Damanik,	Room.		purposive		the relationship (R) =
1	2018)	noom.		sampling.		0.452,
	/			P 0		It means that the
						strength of the
						relationship is
						sufficient and this
						relationship is
						positive, which means that if the
						nurse's knowledge
						about nosocomial
						infections is
						sufficient, the value
						of the action is
						sufficient.
	_					Prevention
	factors related	To Determine	The type of	The population	This Research	The results showed
1 1	to the performance of	The	research used	in this study were all	Was Conducted In	that there was a
	implementing	Relationship Of Knowledge,	is quantitative with a cross	implementing	The Inpatient	significant relationship between
	nurses in	Motivation,	sectional	nurses with civil	Room Of The	knowledge and nurse
	carrying out the	Supervision,	study	servant status in	Government	performance in
	prevention of	And Workload	approach. The	the inpatient	Hospital And	preventing
	nasocomial	With Nurse	Data Analysis	installation of	The Makassar	nosocomial
	infections in the	Performance In	Used Is	HAJI Hospital	Private	infections (P = 0.047),
	inpatient rooms	Implementing	Univariate	and Stella Maris	Hospital. This	there was no
1 1	of government	Nosocomial Infection	And Bivariate	Hospital	Data Retrieval	significant
	hospitals and Makassar	Prevention.	With Chi- Square Test	Makassar, totaling 355	Using Questionnaire	relationship between motivation and nurse
	private	i i evericioni.	And T-Test	nurses. The	s And	performance in
1 1 -	hospitals			number of	Observation	preventing
				samples is 127	Sheets.	nosocomial
	(Hamzah, 2018)			respondents.		infections (P = 0.322),
, ,			i	i	1	i
						there was a significant

		<u> </u>				malastia malaini le astrona i
						relationship between
						Supervision With
						Nurse Performance
						In Implementing
						Nosocomial Infection
						Prevention, (P =
						0.000), And There
						Was No Significant
						Relationship
						Between Workload
						And Nurse
						Performance In
						Implementing
						Nosocomial Infection
						Prevention In
						Inpatient
						Installations HAJI
						Hospital and Stella
						Maris Hospital
						Makassar (P = 0.200).
						The Hospital Should
						Provide Trainings To
						Nurses About
						Nosocomial
						Infections And Create
						Special Programs To
						Prevent Nosocomial
						Infections And Assign
						Tasks To Nurses In
						Accordance With
						Their Competence.
7	Overview of	The aim of the	Research	Informants in	Data	Data Collection With
	Nurses in	study was to	Method Using	this study are	Collection	In-depth Interviews
	Preventing	explore the	Qualitative	nurses.	With In-depth	With Informants
	Nosocomial	description of	Research	Determination	Interviews	Using Voice
	Infections at Dr	the prevention	Design With	of the Sample	With	Recorders. The
	H Soewondo	of nosocomial	Phenomenolo	Using Purposive	Informants	results of the study
	Hospital Kendal	infections in	gical	Sampling.	Using Voice	can identify several
		RSUD Dr. H.	Approach.		Recorders.	themes related to
	(Arifianto, Aini,	Soewondo				the research
	And Kustriyani,	Kendal				objectives, namely
	2018)					nurses' knowledge of
	,					nosocomial
						infections,
						implementation of
						hand hygiene by
						washing hands,
						implementation of
						the use of PPE, and
						separation of
						hospital waste.
						Suggestions for
						nurses are expected
						to pay more
						attention to and
						improve prevention
	I	ı	ı	1		85

	T		T	T	T	
						of nosocomial infections in hospitals as an effort to maintain patient safety.
8	The Effect of Nurse Knowledge Levels with Nosocomial Infection Prevention Behavior in the Nursing Room of Rs Tajuddin Chalik Makassar (Maria Sumaryati, 2018)	The purpose of this study was to determine the relationship between knowledge, education and length of work of nurses on efforts to prevent nosocomial infections	The Research Method Used Is Descriptive. Data Analysis Using Univariate	The population in this study were nurses who performed catheter care. Total Sample A total of 24 respondents. Sampling Techniques Total Sampling	In the Nursing Room of Rs Tajuddin Chalik Makassar Data Collection Using Observation Sheets and Questionnaire s	The results obtained showed that the respondents who have good knowledge and have good Nosocomial Infection Prevention Behavior are 10 people (38.5%) while those who have poor knowledge and good Nosocomial Infection Prevention Behavior are 5 people (19.2%). Respondents who have low knowledge and are less able to carry out efforts to prevent nosocomial infections well are 10 people (38.5%)
9	Overview of Nosocomial Infection Risk Factors in Nurses in the Inpatient Room of the Haji Regional General Hospital, Makassar City (AMRULLA H, 2017)	To find out the description of the risk factors for nosocomial infection in nurses in the inpatient ward of the Haji Regional General Hospital, Makassar City	This type of research is quantitative with an observational descriptive approach	In this study there were 121 populations with 74 samples, where samples were drawn by accidental sampling.	This research was carried out in the inpatient room of the Haji Regional General Hospital, Makassar City. The Research Used Is a Questionnaire	From the results of the study it is known that from 76 respondents there are 56 (75.7%) respondents who have sufficient knowledge and 18 (24.3%) respondents with less knowledge, 71 (95.9%) respondents with positive attitudes and 3 (4,1%) Respondents With Negative Attitudes, 66 (89.2%) Respondents With Positive Actions and 8 (10.8%) Respondents With Negative Actions And For Nurses' Work Environment Variables Can Be Said To Be Good, Although There Are Still Some Things That Should Be Improved.

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10	Nurse's	The purpose of	This study	The number of	The research	The results of the
	Knowledge in	this study was	uses a	respondents in	was carried	study that the
	Avoiding	to determine	descriptive	this study were	out in the	majority of nurses'
	Nosocomial	the knowledge	correlative	50 respondents.	hospital in	knowledge about
	Infections in	of nurses in	type which	the gender of	2015.	prevention of
	Patients and	avoiding	aims to	female	Instruments	nosocomial
	Families in	nosocomial	determine the	respondents is	Used	infections was
	Hospitals	infections in	correlation	35 and male	Knowledge	sufficient, the
	(Aminullah	patients and	between	respondents are	Questionnaire	majority of nurses'
	harahap, 2015)	families in	variables and	15	Sheet and	actions about
		hospitals	the research		Observation	prevention of
			design uses		Sheet	nosocomial
			cross sectional			infections were poor.
11	The	The purpose of	This Research	The population	The research	The results showed
	Relationship	this study was	Method Using	of this study	was carried	that most of the
	between	to determine	Analytical	were all medical	out in the	respondents had a
	Knowledge and	the relationship	Observational	personnel	Class III	level of knowledge,
	Attitude of	between .	Research.	(nurses) who	Inpatient	attitudes and actions
	Paramedics	knowledge and	Data Analysis	were on guard	Room at the	about controlling
	(Nurses)	attitudes of	Using	in the Class III	Abdul	nosocomial
	Against	paramedics	Gamma .	Inpatient Room	Moeloek	infections with good
	Nosocomial	(nurses) on	Statistical Test	Surgery Section	Hospital	criteria. The results
	Infection	measures to	Statistical rest	of Mawar,	Bandar	of the test using the
	Control	control		Kutilang, Wren	Lampung.	Gamma Test are
	Measures in	nosocomial		and Kemuning	Data were	obtained for the P-
	Class III	infections in the		RSUD Dr. H.	collected	Value of Knowledge
		Class III		Abdul Moeloek		and Action
	Inpatient Rooms at Abdul				using a	
		Inpatient Room		Bandar	questionnaire	Relationship of 0.614
	Moeloek	at Abdul		Lampung 2015	sheet and an	and the P-Value of
	Hospital Bandar	Moeloek		Totaling 48	observation	Attitude and Action
	Lampung	Hospital Bandar		People With	sheet.	Relationship of 0.818
	(=	Lampung.		Total Sampling		and both have a
10	(Prima, 2015)	T		Method.		value > (0.05) Table
12	Relationship Of	The aim of the	Types of	The population	Hamzah	There is a
	Knowledge,	study was to	Correlation	in this study	Room, Usman	relationship between
	Attitude With	determine the	Descriptive	were nurses on	Room, Alfat	knowledge, attitude
	Nurse's Practice	relationship	Research With	duty in the	Room,	and practice of
	In Preventing Al	between	Cross	inpatient room:	Roudhoh	nurses in preventing
	Nosocomy	knowledge,	Sectional	Hamzah Room,	Room,	nosocomial
	Infection In The	attitude and	Approach.	Usman Room,	Lukman	infections in the
	Inhancement	practice of	Data Analysis	Alfat Room,	Room, Umar	Kendal Islamic
	Of Kendal	nurses in	Using	Roudhoh Room,	Room, Kendal	Hospital Inpatient
	Islamic Hospital	preventing	Spearman Rho	Lukman Room,	Islamic	Room with P-Value
	(Yunita	nosocomial		Umar Room,	Hospital,	values of 0.002 and
	Puspasari,	infections in the		Kendal Islamic	Instruments In	0.017
	2015)	Kendal Islamic		Hospital,	This Research	
	•	Hospital		namely 55	Using	
		Inpatient		nurses. research	Questionnaire	
		Room.		sample using	S.	
				total sampling		
13	Nurse's	This study aims	The type of	The population	The research	The results showed
	Knowledge	to identify the	research used	of all	was carried	that 77% of nurses
	About	knowledge of	is descriptive.	implementing	out in rooms	already had good
	Nosocomial	nurses about	Descriptively	nurses in the D2	D2 and D3 of	knowledge about
	Infections in	nosocomial	Analyzed Data	and D3 rooms is	Adi Husada	nosocomial
	Room D2 and	infections in		47 nurses, the	Undaan	infections.
			l	77 Haraca, the	Jiladali	

	D3 Adi Husada	rooms D2 and		number of	Wetan	Knowledge of a good
	Hospital	D3 Adi Husada		samples is 44.	Hospital,	nurse can be
	Undaan Wetan	Hospital		Using Non	Surabaya.	influenced by several
	Surabaya	Surabaya.		Probability	Data	factors including:
	(Handojo,			Sampling:	Collection	age, length of work,
	2015)			Purposive	Using	level of education
				Sampling	Questionnaire	and training
					S.	followed.
14	The	The purpose of	This type of	The population	In the ICU	There is a
	Relationship of	this study was	research is	in this study	Room,	Relationship
	Nurses'	to determine	analytic with	were all nurses	Nutmeg Room	between Nurses'
	Knowledge	the relationship	cross sectional	in the ICU,	and Clove	Knowledge About
	About Universal	between	design, data is	Nutmeg Room	Room, Dr.	Universal Precaution
	Precaution	nurses'	analyzed using	and Clove Room	Djoelham	and Nosocomial
	With	knowledge	univariate	at RSU Dr.	Binjai, the	Infection Prevention
	Nosocomial	about universal		Djoelham Binjai	type of data	Measures
	Infection	precautions		A total of 58	collection	
	Prevention	and prevention		people. The	used is a	
	Measures At Rs.	of nosocomial		Sampling	questionnaire	
	R.M Dr.	infections at Dr		Technique In	and secondary	
	Djoelham City	Djoelham Binjai		This Research Is	data obtained	
	of Binjai	Hospital.		Using The Total	from the	
	(Budiana Yazid,			Sampling	medical	
	2014)			Technique,	records of Dr.	
					RSU. RM	
					Djoelham	
15	Knowledge and	The purpose of	This study	The population	Binjai. the	the results showed
13	Attitude of	this study was	uses a cross	in this study	flamboyant	that there was no
	Nurses	to explain the	sectional	were nurses in	gardena and	relationship between
	Prevention of	relationship	design, data	the Flamboyan,	wijaya kusuma	nurses' knowledge
	nosocomial	between	analysis using	Gardena, and	rooms at the	about preventing
	infection	knowledge and	the Spearman	Wijaya Kusuma	Ibn Sina Gresik	nosocomial
	prevention in	attitudes of	rank	rooms at Ibnu	Hospital, the	infections by washing
	the	nurses about	correction test	Sina Hospital	instruments in	hands, with a
	implementation	preventing	correction test	Gresik, using	this study	significant level of
	of hand	nosocomial		purposive	were	0.246 (A)> 0.05.
	washing	infections with		sampling, 36	questionnaire	Attitudes Show There
	(rita	the		respondents	s and	is No Relationship
	rahmawati,	implementation		were taken	observations.	Between Nurses'
	mey susanti,	of hand		based on	5555. (46,015.	Attitudes About
	2014)	washing		inclusion		Prevention of
	<b>,</b>			criteria.		Nosocomial
						Infections By
						Washing Hands,
						Significant Level
						0.285 (A)>
						0.05.
					l	0.00.

## Discussion

From the results of the literature review articles that have been described, all use questionnaires and observation sheets, so that they can be used as the basis for journal reviews.

For a health worker, especially an implementing nurse who directly provides nursing care to patients in hospitals, knowledge and skills are needed to prevent nosocomial infections. The results of the WHO study, among others, stated that the average nurse did not prepare themselves adequately in performing more than 70% of clinical skills. In addition, more than 50% of nurses have never participated in alertness training in the last 5 years, especially nosocomial infections (Sumaryati, 2018).

The incidence of nosocomial infections has not been matched by an understanding of how to prevent nosocomial infections and good implementation. This condition allows the incidence of nosocomial infections in hospitals to increase. Therefore, it is necessary to have a good understanding of the ways in which infections may spread in hospitals. The spread of infection in hospitals generally occurs in three ways, namely through air, splashes and direct contact with patients (Prima, 2015).

Several factors that influence the occurrence of nosocomial infections include the lack of nurses paying attention to sterile techniques when carrying out the procedure, the level of invasion ability and the level of the ability of microbes to damage tissues, factors that exist in the patient such as age, gender, general condition of the patient, risk of therapy or the presence of other diseases, and nursing factors such as the length of the nursing process, service standards that are less than optimal and the density of patients in the room (Handojo, 2015).

Various efforts have been made continuously to reduce the incidence of nosocomial infections. How to prevent this problem is to make an integrated plan, monitoring program, including limiting the transmission of organisms between patients by washing hands and using gloves, septic and aseptic measures, sterilization and disinfectants, controlling the risk of transmission from the environment, protecting patients with the use of antibiotics. Adequate nutrition, adequate nutrition and vaccination, limiting the risk of endogenous infection by minimizing invasive procedures, surveillance of infections, identifying and controlling outbreaks, prevention of infection in staff members, increasing the capacity of care staff, and providing additional education/training on nosocomial infections (Handojo, 2015).

Prevention is also carried out by using standard precautions, including using Personal Protective Equipment (PPE) such as gloves, masks, protective clothing, maintaining patient equipment and sharp instruments, cleaning the environment, placing patients and performing 5 steps of hand washing, namely: Before and after touching the patient, before and after the procedure or aseptic, after exposure to the patient's body fluids, before and after performing invasive procedures, after touching the area around the patient or the environment (Handojo, 2015).

### Conclusion

Based on the 15 journals analyzed by the researcher, it was stated that there was a picture of nurses' knowledge about nosocomial infections. Knowledge of a good nurse can be influenced by several factors including: Age, length of work, level of education and training followed. Because good knowledge of nurses can prevent nosocomial infections.

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